

HOW TO HAVE A QUIET TIME

1. Set aside 30 minutes in your day, preferably first thing in the morning. This will require sacrifice and discipline. Do it!
2. Do your wake up sequence first (shower, get dressed, eat, exercise). This will assure you are fully awake and out of bed for your time.
3. Read a portion of your Bible devotionally (personal rather than academic).
 - a. Ask God to open your mind to understand what you read.
 - b. Spend ten minutes in reading.
 - c. Read consecutively from day to day (you know where to go).
4. Use the prayer list.
 - a. Pray consecutively from item to item.
 - b. Pray about each item until you sense you have expressed your heart.
5. Pray in private.
6. Pray out loud. This is essential – you will be able to stay in prayer the whole time.
7. Fill the entire 20 minutes. If praying too quickly, pray in more detail and expand concern. If you can't finish the list in time, speed up or add more time.
8. Be accountable.
 - a. Commit to someone else your decision to spend time with God.
 - b. Have them ask you on a regular basis if you are doing it.
9. Take your intimacy into your day. Immediately, as you leave your quiet time, continue dialoguing with God. Seek to maintain intimacy through, in between, and around interruptions.

PRAYER LIST

Thanksgiving: Thank God for your position in Christ, salvation, blessings, etc.

Praise: Boast about God to God. Consider His nature/acts. **Worship:** Means wholehearted surrender of a holy life

Worship: Means more than singing; wholehearted surrender of a holy life.

Confession: Specifically admit, report, and repent from all known sin.

Forgiveness: Claim and thank God for your clean standing.

Filling: Ask God to fill you with the Holy Spirit. Walk spirit-dependent.

Fruit: Ask God to produce the fruit of the Holy Spirit in your life.

Evangelism: Ask for a specific opportunity to preach the gospel. Pray for revival in your city, church, and heart.

Armor of God: Go over each aspect.

Family: Pray for your immediate family by name for salvation and needs.

Body: Present your physical body to God for holy service.

Finances: Lift up any monetary needs. Pray for guidance.

Tongue: Commit the use and confess the abuse of your tongue to God.

Needs: List and pray for any specific needs in your life, including desires.

Government: Pray for local, state, federal leaders & righteous ruling.

Spiritual Leaders: Pray for elders, Pastors, ministries at church.

Intercession: Take time to ask God to work on behalf of other's needs in the body; sickness, straying sheep, evangelism, etc.

Employment: Lift up your work productivity, employees, boss, etc.

Missions: Pray for our sister missionaries and for those God is calling to go out.

Return of Christ: Thank God Christ's coming back. Pray His Kingdom comes.